

Woodridge Terrace - May 2013 - Sterling - Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 9:15 Exercise w/ Rebekah & Tami 10:00 Family Contacts w/ Rebekah 11:00 Walk w/ Rebekah & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 3:00 Religious Group w/ Rebekah</p>	<p>2 9:15 Exercise w/ Rebekah & Tami 10:00 Craft Group w/ Rebekah 11:00 My Memoirs w/ Rebekah & Tami 2:00 Sensory Group w/ Rebekah 3:00 Sing-A-Long w/ Tami</p>	<p>3 9:15 Exercise w/ Vanessa & Tami 10:00 Painting Memories w/ Vanessa & Athena 11:00 Aromatherapy & Massage w/ Vanessa & Tami 2:00 Bingo w/ Vanessa 3:00 Afternoons on the patio w/ Vanessa</p>	<p>4 9:15 Exercise w/ Vanessa & Rebekah 10:00 Bunny Visits w/ Vanessa & Wes 11:00 Reading Group w/ Vanessa 2:00 Drive w/ Vanessa</p>
<p>5 9:15 Exercise w/ Vanessa 10:00 Beauty w/ Vanessa Grace Baptist Church – C 2:30- Off neighborhood Cinco De Mayo Party- C 3:00 -Off Neighborhood Cinco De Mayo</p>	<p>6 9:15 Exercise w/ Vanessa & Tami 10: Spanish / Picture Bingo w/ Vanessa 2:00 Spanish Bible Study w/ Vanessa & Athena-C / D 2:00 Chair Yoga w/ Tami 3:00 Internet surfing w/ Tami</p>	<p>7 9:15 Exercise w/ Vanessa & Tami 11:00 Aroma Therapy & Massage w/ Vanessa & Tami 2:00 Sensory / Reminiscing Group w/ Vanessa 3:00 Trivia w/ Rebekah</p>	<p>8 9:15 Exercise w/ Rebekah & Tami 10:00 Family Contacts w/ Rebekah 11:00 Walk w/ Rebekah & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 3:00 Religious Group w/ Rebekah</p>	<p>9 9:15 Exercise w/ Rebekah & Tami 11:00 Aroma Therapy & Massage w/ Rebekah & Tami 2:30 Art therapy w/ Halcyon Hospice & Rebekah 3:00 Sing-A-Long w/ Tami Catholic Mass – C 10:15 – Off Neighborhood</p>	<p>10 9:15 Exercise w/ Vanessa & Tami 10:00 Painting Memories w/ Vanessa & Athena 11:00 Aromatherapy & Massage w/ Vanessa & Tami Mothers Day Beauty Off Neighborhood 2:00 – AR/C</p>	<p>11 9:15 Exercise w/ Vanessa & Jenni 10:00 Bunny Visits w/ Vanessa & Wes 11:00 Reading Group w/ Vanessa 2:00 Drive w/ Vanessa</p>
<p>12 Mothers Day Tea 10:00 – Off Neighborhood Mothers Day</p>	<p>13 9:15 Exercise w/ Vanessa & Tami 10:00 Beauty w/ Vanessa & Athena 11:00 Park Games w/ Vanessa & Tami Appreciation Social 2:00- Off Neighborhood Dining Services & Therapy Appreciation Day</p>	<p>14 9:15 Exercise w/ Rebekah & Tami 11:00 Aroma Therapy & Massage w/ Rebekah & Tami Environmental Services & Activities Appreciation Day</p>	<p>15 10:00 Exercise w/ Rebekah & Tami Family BBQ 5:30 Music by Maxine Delgado</p>	<p>16 9:15 Exercise w/ Rebekah & Tami 10:00 Craft Group w/ Rebekah 11:00 My Memoirs w/ Rebekah & Tami Management & Support Staff Appreciation Day</p>	<p>17 9:15 Exercise w/ Vanessa & Tami 10:00 Painting Memories w/ Vanessa & Athena 11:00 Aromatherapy & Massage w/ Vanessa & Tami Appreciation Social 1:00 – 3:00- Off Neighborhood Nursing Appreciation Day</p>	<p>18 9:15 Exercise w/ Vanessa & Jenni 10:00 Bunny Visits w/ Vanessa & Wes 11:00 Reading Group w/ Vanessa 2:00 Drive w/ Vanessa</p>
<p>19 9:15 Exercise w/ Vanessa & Jen 10:00 internet Surfing w/ Vanessa Grace Baptist Church – C 2:30- Off neighborhood</p>	<p>20 9:15 Exercise w/ Vanessa & Tami 10:00 Beauty w/ Vanessa & Athena 11:00 Park Games w/ Vanessa & Tami 2:00 Spanish Bible Study w/ Vanessa & Athena-C / D 2:00 Sensory / Reminiscing Group w/ Tami 3:00 Trivia w/ Vanessa Memorial Day</p>	<p>21 9:15 Exercise w/ Rebekah & Tami 11:00 Aroma Therapy & Massage w/ Rebekah & Tami 2:00 Open Rec- Off Neighborhood w/ Athena & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 3:00 Hope's Birthday Party Happy Birthday Hope</p>	<p>22 9:15 Exercise w/ Rebekah & Tami 10:00 Family Contacts w/ Rebekah 11:00 Walk w/ Rebekah & Tami 2:00 Game Group – Off Neighborhood 3:00 Religious Group w/ Rebekah 3:00 Ken's Birthday Party Happy Birthday Ken</p>	<p>23 9:15 Exercise w/ Rebekah & Tami 10:00 Craft Group w/ Rebekah 11:00 My Memoirs w/ Rebekah & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 2:00 Open Rec- Off Neighborhood w/ Athena & Tami 3:00 Sing-A-Long w/ Tami</p>	<p>24 9:15 Exercise w/ Vanessa & Tami 10:00 Painting Memories w/ Vanessa & Athena 11:00 Aromatherapy & Massage w/ Vanessa & Tami 2:00 Bingo w/ Vanessa 2:00 Cooking Group – Off Neighborhood w/ Athena & Tami 3:00 Afternoons on the patio w/ Vanessa</p>	<p>25 9:15 Exercise w/ Vanessa & Jenni 10:00 Bunny Visits w/ Vanessa & Wes 11:00 Reading Group w/ Vanessa 2:00 Drive w/ Vanessa</p>
<p>26 9:15 Exercise w/ Vanessa & Jen 10:00 Spanish Bingo w/ Vanessa Front Range Apostolic Church -C 2:30- Off neighborhood</p>	<p>27 9:15 Exercise w/ Vanessa & Tami 10:00 Beauty w/ Vanessa & Athena 11:00 Park Games w/ Vanessa & Tami 2:00 Spanish Bible Study w/ Vanessa & Athena-C / D 2:00 Chair Yoga w/ Tami 3:00 Internet surfing w/ Vanessa Memorial Day</p>	<p>28 9:15 Exercise w/ Rebekah & Tami 11:00 Aroma Therapy & Massage w/ Rebekah & Tami 2:00 Open Rec- Off Neighborhood w/ Athena & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 3:00 Trivia w/ Rebekah</p>	<p>29 9:15 Exercise w/ Rebekah & Tami 10:00 Family Contacts w/ Rebekah 11:00 Walk w/ Rebekah & Tami 2:00 Remembering Our Vetsw/ Rebekah 3:00 Religious Group w/ Rebekah</p>	<p>30 9:15 Exercise w/ Rebekah & Tami 10:00 Craft Group w/ Rebekah 11:00 My Memoirs w/ Rebekah & Tami 2:00 Sensory / Reminiscing Group w/ Rebekah 2:00 Open Rec- Off Neighborhood w/ Athena & Tami 3:00 Sing-A-Long w/ Tami</p>	<p>31 9:15 Exercise w/ Vanessa & Tami 10:00 Painting Memories w/ Vanessa & Athena 11:00 Aromatherapy & Massage w/ Vanessa & Tami 2:00 Bingo w/ Vanessa 2:00 Cooking Group – Off Neighborhood w/ Athena & Tami 3:00 Afternoons on the patio w/ Vanessa</p>	<p>Please Read our Monthly Newsletter</p> 